Health Awareness Days 2016

JANUARY

Sunsmart Skin Cancer Awareness Month
4 World Braille Day
31 World Leprosy Day

FEBRUARY

Healthy Lifestyle Awareness Month / Reproductive Health Month
Environmental Health Awareness Month
4 World Cancer Day
8 International Epilepsy Day
10-16 STI / Condom Week
8-14 Pregnancy Awareness Week
19 Healthy Lifestyles Awareness Day

MARCH

TB Awareness Month
4- 8 School Health Week
8 International Women's Day
6-12 World Glaucoma Week
16-22 World Salt Awareness Week
10 World Kidney Day
20 World Head Injury Awareness Day
21 Human Rights Day
21 World Down Syndrome Day
24 World TB day

APRIL

Health Awareness Month
2 World Autism Day
7 World Health Day
17 World Haemophilia Day
24-30 Global / African Vaccination Week
25 World Malaria Day

MAY

Anti-Tobacco Campaign Month / Burns Awareness Month
International Multiple Sclerosis Month
1-8 Hospice Week
5 World Hand Hygiene Day
6-12 Burns Awareness Week
8 World Red Cross Day
10 World Move for Health Day
12 World Chronic Fatigue and Immune Dysfunction Syndrome
12 International Nurses Day
15 May-15June Go Turquoise for the Eldery Month
17 World Hypertension Day
15 International Candlelight Memorial Day
27 May-2June Child Protection Week
28 International Day of Action for Women's Health
31 World No Tobacco Day

JUNE

Men's Health Month / National Blood Donor Month / National Youth Month
Go Turquoise for the Elderly Month continues to 15 June
1 International Children's Day
2 International Cancer Survivor's Day
3-9 World Heart Rhythm Week
4 International Day of Innocent Children - Victims of Aggression
5 World Environment Day
14 World Blood Donor Day
15 World Elder Abuse Awareness Day
16-24 National Epilepsy Week
21 National Epilepsy Day
20-26 National Youth Health Indaba
24-28 SANCA Drug Awareness Week
26 International Day against Drug Abuse and Illicit Drug Trafficking

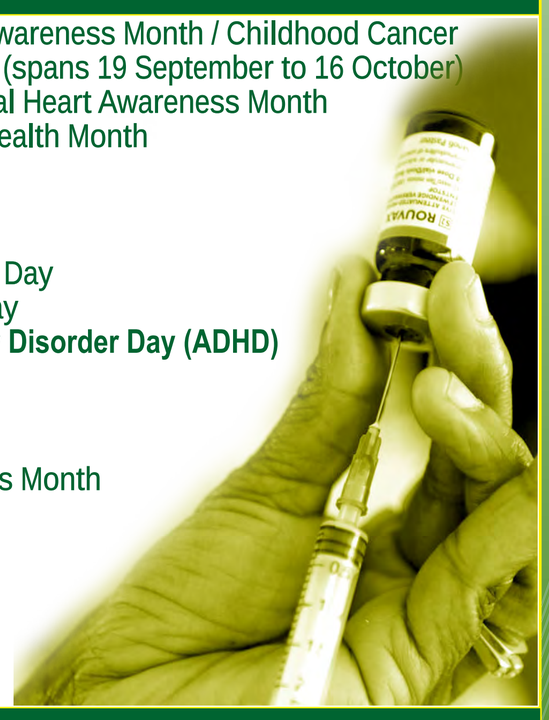
JULY

Mental Illness Awareness Month
1-5 Corporate Wellness Week
11 World Population Day
18 International Mandela Day
28 World Hepatitis Day

AUGUST

Bone Marrow Stem Cell Donation and Leukaemia Awareness Months
(spans 15 August to 15 October)
National Women's Month / Organ Donor Month / Child Health Month
1-7 World Breastfeeding Week
1-7 CANSA Care Week
3-28 HPV Vaccination Campaign
6-12 Polio Awareness Week
1-6 Rheumatic Fever and Rheumatic Heart Disease
26-31 African Traditional Medicine Week
31 African Traditional Medicine Day

SEPTEMBER



Albinism Awareness Month / Cervical Cancer Awareness Month / Childhood Cancer Awareness Month / Eye Care Awareness Month (spans 19 September to 16 October)
Muscular Dystrophy Awareness Month / National Heart Awareness Month
National Month of Deaf People / National Oral Health Month
5-11 Pharmacy Week
2-6 Kidney Awareness Week
2-6 Back Week
9 International Foetal Alcohol Syndrome Day
10 International Gynaecological Health Day
14 National Attention Deficit Hyperactivity Disorder Day (ADHD)
21 World Oral Health Day
21 World Alzheimer's Day
19-25 World Retina Week
23 Commencement of Eye Care Awareness Month
26 World Retina Day
26 World Environmental Health Day
26 World Contraception Day
28 World Rabies Day
29 World Heart Day

OCTOBER

Breast Cancer Awareness Month / Mental Health Awareness Month
1 International Day for Older Persons
1 National Inherited Disorder Day
9 Partnership against AIDS Anniversary
9 International Day for Natural Disaster Reduction
13 World Sight Day
9-15 National Nutrition Week
10 World Mental Health Day
10 World Hospice and Palliative Care Day
11-17 Case Manager Week
12 World Arthritis Day
12 National Bandana Day
12-20 World Bone and Joint Week
15 Global Hand Washing Day
15 National Foetal Alcohol Syndrome Day
15-19 National Obesity Week
16 World Food Day
16 World Spine Day
17 World Trauma Day
17 International Day for the Eradiction of Poverty
20 National Down Syndrome Day
20 World Osteoporosis Day
20-26 International Lead Poisoning Prevention Week
23 National Iodine Deficiency Disorder Day
24 World Polio Day
28-3 November World Stroke Week
29 World Stroke Day
30 Commemoration of African Food and Nutrition Security Day

NOVEMBER

Quality Month / Red Ribbon Month
2 National Children's Day
3 Disability Rights Awareness Month
4-10 National Cardiopulmonary Resuscitation (CPR) Week
2- 6 SADC Malaria Week
9 SADC Malaria Day
9 World Quality Day
14 World Diabetes Day
14-20 National Antibiotic Awareness Week
25 International Day for the Elimination of Violence Against Women
25-10 Dec 16 Days of Activism on No Violence Against Women & Children

DECEMBER

Prevention of Injuries Month
Sunsmart Skin Cancer Awareness Month
1 World AIDS Day
3 International Day of Persons with Disability
5 International Volunteers Day
9 World Patient Safety Day

National Department of Health

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